



Leyburn State School

Smart Moves Action Plan - 2008

| Smart Moves Key Component | Semester One 2008 "Preparing for Smart Moves" | Semester Two 2008 "Full Implementation by end of 2008" |
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| 1. Allocate Required Time for Moderate Intensity Physical Activity <ul style="list-style-type: none"> • 30 minutes daily for all classes • age appropriate moderate intensity activities • consider special needs students | <ul style="list-style-type: none"> • Look at teacher skill / preferences • Audit time allocation across curriculum • Develop criteria for quality program • Begin to engage all students in moderate intensity activity – Trial in Term 1/2 • Present proposal to P & C Meeting | <ul style="list-style-type: none"> • Engage all students in 30 minutes moderate intensity activity each day • Program inclusive of HPE teachers and regular class teacher involvement • Programming of Special Needs students in <i>Smart Moves</i> appropriate activities • Trial timetabling of <i>Smart Moves</i> Curriculum time |
| 2. Improve Access to Resources for Physical Activity (to benefit the broader community) <ul style="list-style-type: none"> • consider maintenance/safety/legal and security issues • consider community usage of facilities | <ul style="list-style-type: none"> • Audit school maintenance safety issues • Consider community use of school sporting facilities | <ul style="list-style-type: none"> • Increase community access to sporting facilities |
| 3. Increase Capacity to deliver physical activity <ul style="list-style-type: none"> • Effective professional planning around implementation • Financial considerations • Commercial or volunteer programs | <ul style="list-style-type: none"> • Audit teacher skill and attitude towards physical activity • Ensure whole school engagement in the approach | <ul style="list-style-type: none"> • Ensure financial and physical resources support the programs • Re-audit teacher knowledge, skills and attitudes after trial of program in term 2 • Avenue for regular staff input into the program |
| 4. Provide professional development in physical activity to support staff <ul style="list-style-type: none"> • Professional development to meet needs and skill level of staff • Managing student participation & behaviour considering social, emotional and cultural issues | <ul style="list-style-type: none"> • From audit determine professional development requirements and access appropriate PD for staff • Determine appropriate activities and resources from external programs | <ul style="list-style-type: none"> • Ensure teachers are supported in leading physical activity and feel confident in the approach • Gather and analyse data on teacher and student satisfaction |
| 5. Build community partnerships to enhance physical activity <ul style="list-style-type: none"> • Consider Queensland Health, Sport & Rec and Local Govt as partners and access to resources • Outside agencies & wider school community involvement | <ul style="list-style-type: none"> • Cluster approach to outside agency support and programs available • Publish DETA policy on student injuries sustained during school sport programs • Publish Smart Moves strategies in school newsletter | <ul style="list-style-type: none"> • Establish an annual review process for the program, teacher support and community use of facilities to ensure <i>Smart Moves</i> is embedded in school culture and planning |
| 6. Be accountable for physical activity. <ul style="list-style-type: none"> • Planning incorporated into AOP • Data from SOS used to inform future planning | <ul style="list-style-type: none"> • Development and submission of a Smart Moves Action Plan with AOP in March • Smart Moves Online Surveys and SOP survey | <ul style="list-style-type: none"> • Complete Smart Moves Online Survey • Use data from SOP Survey to inform planning and review physical activity planning • Report <i>Smart Moves</i> in SAR and AOP |